

Information

Tuck Shop Schedule

The Shop is open for business Mondays, Wednesdays and Fridays in the **Front Lounge** at 10:00am

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Daniella for more information

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books are always available in the **Lifestyle Office**

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Abreu, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Darlene Guirey, Dietary Manager - darlene@simcoeterrace.com

Daniella Ventimiglia Lifestyle Consultant - daniella@simcoeterrace.com



Simcoe Terrace

Retirement Residence

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Simcoe Terrace Retirement Residence

February 2017 Issue



The Terrace Tribune

Happy Valentine's Day



■ Message from the GM

January started out snowy and blustery, and is ending kind of spring-like. The long range forecast for February is to remain rather mild with no bitterly cold days. We'll see if that holds up.

Daniella has been on the job leading the Recreation Department, in Amber's absence, for a full month now. I know she welcomes input and ideas, so be sure and have a chat with her when convenient.

A reminder to everyone to wash and sanitize your hands frequently. Let us know if you have cold or stomach symptoms, and remind your Family and Friends to postpone visiting if they are ill. Lets stay as healthy as we can this winter.

Michael Ayers,
General Manager

■ Welcome to the Terrace

Alex Skilliter Walter Kelman
Arthur Skudikis Sue Hobbs

February Outings

Walmart Shopping!

Wednesday, February 15th at 10:00am we will be going to Walmart for a shopping trip. Please meet at the Front desk at 9:45am. We will return before lunch. Sign up at the Front Desk in the Leisure Binder-first come first serve. Limit of 12 Residents

****Please note that unforeseeable circumstances may require outings to be postponed****

Sign up for all outings at the front desk!



February Resident Council News

Bank Balance to begin February: \$2435

Purchases last month: N/A

2017 Resident Council Members:

Margaret Milne - Library/Secretary Committee

Barb Lane - Welcoming Committee

Falk Stethin - Recreation Committee

Judi Cadman and Anne Oldcorn - Treasury/Fundraising Committee

Please continue to use the suggestion box located in the Front Lounge

Highlights of the Month

February 10th, 2017– Simcoe Terrace Valentines Day Party

We will be having a Valentine’s Day Themed Party in the Activity Room at 2:00pm. Entertainment will be provided by Dale McFarling and Colin Girvan! Wear your best Red, Pink, or White attire!

February 17th, 2017– Toothpicks Mobile Dentist Service will be coming to Simcoe Terrace!

If you are interested in becoming a Toothpicks patient and wish to schedule a dental hygiene appointment, please see Daniella for the necessary information and to get your medical and consent forms completed.

A New Tuck Shop Initiative!

We are going to be opening the Tuck Shop 7 days a week for an hour each day. Purchases can be made at the Front Desk from 1:30pm-2:30pm

Keep an eye on the Calendar!

Feb. 3—Program Chats with Daniella & Mandarin

Feb. 8—Menu Chat with Darlene

Feb. 9—Barrie Public Library Book Exchange & Dinner music with David in the dining room

Feb. 10—Valentine’s Day Party

Feb. 14—Valentine’s Day

Feb. 15—Walmart Shopping

Feb. 16—Caribbean Themed Dinner with John Pebble

Feb. 17— Toothpicks Dental Hygiene Clinic & Ladies Wine and Cheese, Please!

Feb. 20—Family Day

Feb.24—Mens Beer and Billiards!

Feb. 25—Resident Council Party– All Residents Welcome!

Feb. 27—February Babies Birthday Party

Feb. 28—Resident General Meeting



Resident's Corner

Stones, Flowers and Signs for February Babies

Violet, symbolises faithfulness, humility and chastity. Hidden messages of the Violet included “I’ll Always Be True” and “Let’s Take A Chance”

February birthdays have claim to the gemstone **Amethyst**.

This month is often cold, dark and short for many people around the world, so the amethyst—which is often associated with qualities of peace, courage and stability—is the right gem for individuals who need a little extra warmth and strength this time of year. .

Aquarius : January 20th to February 18th

Pisces: February 18th to March 20th

Lucky Numbers: 9, 12, 17, 34, 44, 20, 6, 21, 23, 41



Phil M Feb 3rd

Robert M Feb 3rd

Ruth R Feb 4th

Zita V Feb 5th

Evelyn F Feb 8th

Charles C Feb 8th

Gordon H Feb 10th

Gordon W Feb 15th

Maria F Feb 16th

Paul B Feb 16th

William W Feb 22nd

Ruby M Feb 23rd

Jack S Feb 26th

Barbara R Feb 27th

Join us on Monday, February 27th in the Activity Room at 2:00pm for our February Babies Birthday Party with “Backwoods Bill”! Cake and ice cream will be served!

Athletes of the Month!

Can you beat these amazing achievements?

Prove it!

Darts:

Iona S. with a total month score of 383!

Floor Kurl

Red Team with the most wins!

Carpet Bowling:

Evelyn F with a total month score of 121!

Ladder Ball, Best 2 of 3:

Red and Blue tied this month!

Bean Bag Toss:

Evelyn F. with a total month score of 273!

Shuffleboard:

Table #1: Muriel L. total moth score of 2499! **Table#2:** Evelyn F. total month score of 2652